

Your participation in this study may help us learn more about the progression of psychosis and the relationship between psychosis and brain functioning.

## Participation is **Confidential!**

# CONTACT INFORMATION

To discuss participation or to receive more information, contact:

Andréa at 617-626-9638

Lauren at 617-626-9455

or

Corin at 617-998-5016

It is important to us that you understand

1) everything involved in your
participation, and 2) the potential
benefits and risks of your participation.

# Early Phase

For more information about this study, please call:

617-626-9638 617-626-9455 OR

617-998-5016

or email:

info@bostoncidar.org

#### Full Study Title:

Longitudinal Assessment & Monitoring of Clinical Status & Brain Function in Adolescents & Adults









HARVARD MEDICAL SCHOOL



First Episode Psychosis: Longitudinal Assessment of Clinical Status and Brain Function

Research study affiliated with:

Beth Israel Deaconess Medical Center Brigham and Women's Hospital Massachusetts General Hospital McLean Hospital VA Boston Health Care System-(Brockton Division and Jamaica Plain Division)



Tel: 617-626-9638

This clinical research study is dedicated to understanding the earliest signs of serious mental and emotional problems in youth and young adults. Have you or someone you know recently had a first episode of psychosis?

# Who can participate?

If you, or someone you know, has recently had a first episode of psychosis, and are aged 13-45, you may be eligible for this research study. Symptoms of psychosis include unusual ideas or beliefs, paranoia, hallucinations, and confused thinking.

Your doctor may have told you that you had a psychotic episode, schizophrenia, schizophreniform, or schizoaffective disorder. You may have also been hospitalized in the past for a psychotic disorder. Even if psychotic symptoms are not currently experienced, you may still participate in the study.

# Other Volunteers may also participate

People ages 13-45 who are not currently experiencing any psychological or social difficulties, and who have never been hospitalized or treated with anti-psychotic medication, and do not have a family member with psychosis.

#### What's Involved

- ⇒ An initial set of assessments (baseline).
- $\Rightarrow$  A 6 month follow up phone call.
- $\Rightarrow$  A second set of assessments 1 year later.

Each set of assessments will include:

- Personal interviews to discuss your history and possible changes in your thinking.
- Interviews with a family member to understand your family history.
- Paper and pencil tests of your thinking and memory.
- Collection of saliva and one time blood draw.
- Brain Magnetic Resonance Imaging (MRI) scans.
- An Electroencephalogram (EEG) of your brain.

#### Payment:

You will be paid for each study-related task that you participate in, and can earn up to \$320 for the first set of assessments.



# Where will the study be?

The assessments will take place at:

- Beth Israel Deaconess Medical Center AND
- Massachusetts General Hospital Imaging Center or Brigham and Women's Hospital MRI Center, or the VA Boston Health Center—Jamaica Plain Division.

## Will I get feedback?

Following assessment, study staff will provide feedback to participants and their families. Also, with your permission, study staff can provide feedback to doctors, clinicians, or school personnel.

# Participation is confidential!

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Thank you for your consideration of our study!