



Your participation may help us to learn how certain kinds of psychiatric illnesses begin and how to identify those most at risk and in need of early treatment.

Participation is **Confidential!**

## CONTACT INFORMATION

To discuss participation or to receive more information, contact:

Andréa at 617-626-9638  
 Lauren at 617-626-9455  
 or  
 Corin at 617-998-5016

It is important to us that you understand 1) everything involved in your participation, and 2) the potential benefits and risks of your participation.

## Clinical Risk

For more information about this study, please call:

617-626-9638  
 617-626-9455  
 OR  
 617-998-5016  
 or email:  
[info@bostoncidar.org](mailto:info@bostoncidar.org)

Full Study Title:  
*Longitudinal Assessment & Monitoring of Clinical Status & Brain Function in Adolescents & Adults*



**HARVARD MEDICAL SCHOOL**

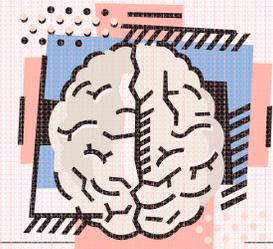


**HARVARD MEDICAL SCHOOL**

## Monitoring Clinical Status & Brain Function in Adolescents & Adults

Research study affiliated with:

Beth Israel Deaconess Medical Center  
 Brigham and Women's Hospital  
 Massachusetts General Hospital  
 McLean Hospital  
 VA Boston Health Care System-  
 (Brockton Division and  
 Jamaica Plain Division )



**Tel:  
 617-626-9638**

This clinical research study is dedicated to understanding the earliest signs of serious mental and emotional problems in youth and young adults. Could you or someone you know be at risk?

### Who can participate?

● Adolescents or Young Adults (ages 13-35) with some of the following difficulties that have *begun or worsened in the past year*.

- Worrisome decline in academic, work or social functioning\*
- Difficulty concentrating or thinking clearly
- Suspiciousness or uneasiness with others
- Unusual ideas or behavior
- Withdrawal from friends or family — spending a lot of time alone
- Increased sensitivity to sights or sounds, or mistaking noise for voices or messages
- Decline in self-care or personal hygiene
- Feeling more anxious, depressed or out of touch
- Having strange feelings or no feelings at all
- Feeling like your mind is playing tricks on you

\* Especially if there is a family member with mental illness or psychosis.

### Other volunteers

People ages 13-35 who are not currently experiencing any psychological or social difficulties, AND who have never been hospitalized or treated with anti-psychotic medication AND do not have a family member with psychosis.

### What's involved?

⇒ An initial set of assessments (baseline).

⇒ A 6 month follow up phone call

⇒ A second set of assessments 1 year from baseline, or sooner if problems worsen

Each set of assessments will include:

- Personal interviews to discuss your history and possible changes in your thinking.
- Interviews with a family member to understand your family history.
- Paper and pencil tests of your thinking and memory.
- Collection of saliva and one time blood draw.
- Brain Magnetic Resonance Imaging (MRI) scans.
- An Electroencephalogram (EEG) of your brain.

#### Payment:

You will be paid for each study-related task in which you participate, and can earn up to \$275 for the first set of assessments.

### Where will the study be?

The assessments will take place at:

- Beth Israel Deaconess Medical Center
- And the Massachusetts General Hospital Imaging Center or Brigham and Women's Hospital MRI Center, or the VA Boston Health Center—Jamaica Plain Division

### Will I get feedback?

Following assessment, study staff will provide feedback to participants, their families and, with your permission, to doctors, clinicians, or school personnel.

**Participation is confidential!**

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**OR**

**617-998-5016**

**or email:**

**[info@bostoncidar.org](mailto:info@bostoncidar.org)**

***Thank you for your consideration of our study!***